

eXcel
we

An overview: Wellbeing for learning in Catholic school communities

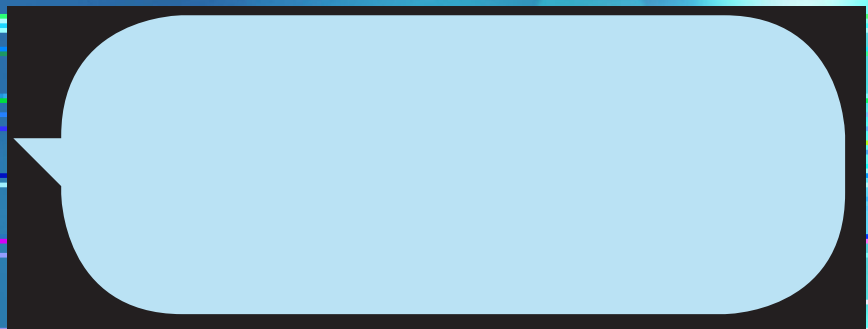
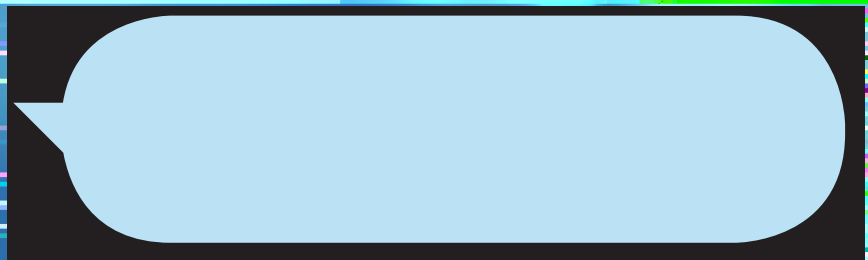
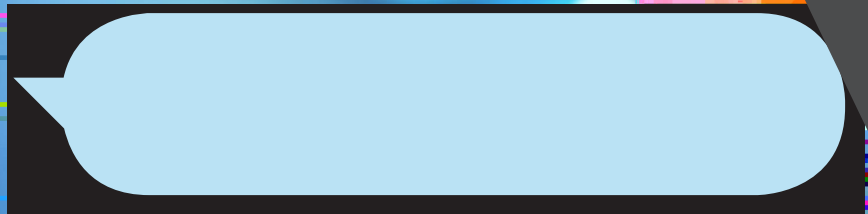
What is eXcel?

eXcel: Wellbeing for learning in Catholic school communities emphasises the importance of wellbeing to children and young people's spiritual, cognitive, physical, emotional and social growth.

Catholic Education Melbourne has developed eXcel as an explicit framework guide to inform pedagogical practice, curriculum design and policies to strengthen children and young people's wellbeing and learning outcomes.

Presented as four intersecting dimensions of enable, connect, engage and learn, the first letter of each has been combined to form the overarching concept of eXcel.

enable + connect + engage + learn = eXcel

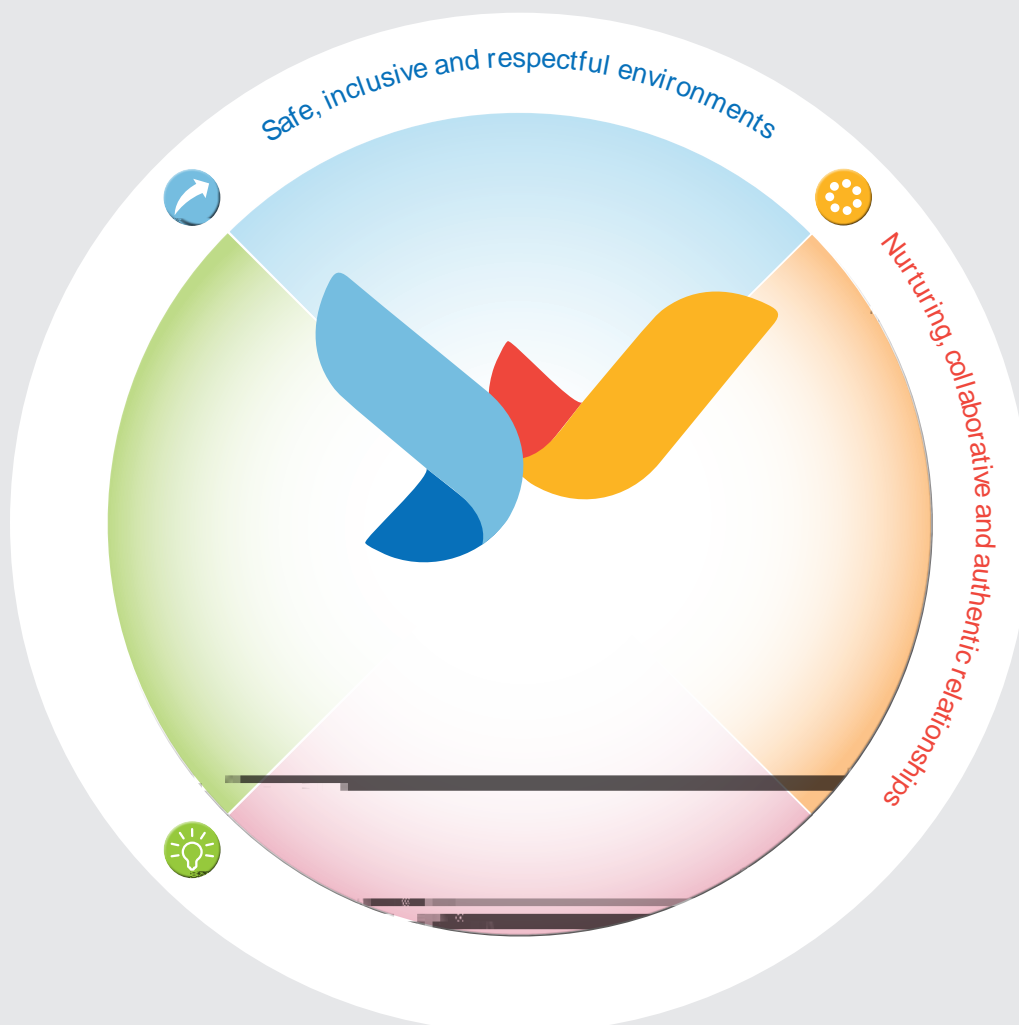


WhyeXcel?

eXcel: Wellbeing for learning in Catholic school communities⁸ affirms Catholic Education Melbourne's ongoing commitment to supporting rich, deep and varied learning experiences for our students, so that they may develop as optimistic, resilient young people of faith, ready to be effective members of community, contributing to and enriching the world around them.

eXcel supports the development of school-wide practices and cultures that enable children and young people to:

- deeply connect 'who they are' and 'how they can be' in the world to the Catholic faith
- reach their potential
- build positive and connected relationships
- develop skills and attitudes that promote wellbeing and resilience
- deepen their appreciation of learning, their perseverance and their stamina
- lead optimistic, graced and hope-filled lives of impact.



The four dimensions of enable, connect, engage and learn (eXcel) are designed to:

- promote common understanding
- enable consistent approaches
- develop shared commitment
- inspire rigorous conversation
- encourage deep reflection
- inform innovative action.

